



If you want to find out more about how Kooth can support the mental health of young people, they are offering 30 minute webinars specifically for parents. The upcoming dates are below.

19th June 6.30 -
7.00 17th July
6:30 - 7.00

Primary Transition session this year are:

22nd May 1:30 - 2:30
3rd June 2:00 - 3:00
7th June 1:30 - 2:30
13th June 9:30 - 10:30
24th June 2:00 - 3:00
15th July 9:30 - 10:30
16th July 9:30 - 10:30
17th July 9:30 - 10:30

Here is their [Linktree](#) to let you know of their National Webinars that offer alternative dates to some of the above and some other content. You can also find their bank of recordings here.

Here are some resources taken from their Online hub:

[Parents/Carers resource pack](#)

[Kooth Activity sheets](#)

[Kooth QR code](#)

[CYP short info film](#)